

THE EMERGENCE QUARTERLY

No. 61

New readers please turn first to page 4

A free publication

The moment has come

by the Master—, through Benjamin Creme, 8 February 2009

Eventually, men will realize that they are travelling together on a journey of Self-discovery, one which will bring them in time to the feet of the Most Holy.

The essence of this journey of discovery is that it is self-enacted and willed, and at the same time is shared by all members, known and unknown, of the human family. True it is that all men are brothers, sons of the One Father, each engaged, consciously or otherwise, in this momentous adventure we call life. To many today, unfortunately, this adventure is a painful and degrading experience; to millions, it is unjust and barren, the sooner over the better.

Small wonder is it, therefore, that so many see life as drudgery and grind, their child-engendered dreams of achievement and happiness but distant memories.

Men are born to create and grow in Self-awareness, and need the environment in which that becomes possible. The terrible disease of commercialization has robbed countless millions of their birthright and, as its insidious growth encroaches on all aspects of men's lives, its tentacles of disaster squeeze every generous and human feeling from their hearts. Humanity is in thrall to commercialization and in peril of its soul.

Reverse

What can men do to reverse this process of disaster? Already, the current economic and financial chaos, symptoms of the destructive forces of commercialization, are showing men that they can no longer allow this monster to rule their lives; that they must take stock and assess anew their priorities for a more just and healthy economic structure which will the better serve their needs.

There are, of course, many, relatively untouched by the current crisis, who see this time as a 'downturn' and look forward in full confidence to the inevitable 'upturn', when we can carry on as before. This is no longer possible; the blind can no longer lead the blind. They know not of Maitreya.

Moment

Maitreya has chosen this moment to fulfil His promise to enter the domain of men and to help them on their journey. He is emerging now; His herald, the star-sign of His emergence, is seen worldwide by many and is the signal of His appearance, openly, before men. Using the television resources of today, He will engage on a series of interviews starting in America and including Japan and many other countries.

As an ordinary man, undeclared as Maitreya, He will speak for all those who have no voice, no spokesman. He will call on men to share the goods of the Earth and to embrace each other as the brothers and sisters they are. He will show that if we would have peace there is only one way to achieve it: that is by the realization of justice throughout the world, and that justice can only be achieved through sharing. We await the response of all men and women of goodwill in this, our world.

The Master — is a senior member of the Hierarchy of the Masters of Wisdom; His name, well-known in esoteric circles, is not yet being revealed for various reasons. Benjamin Creme is in constant telepathic contact with this Master Who dictates His articles to him.



My People are everywhere. Join them. Become one of them. Make this life a crowning achievement, and take part in the Great Plan. I ask you to do this because you have come into the world for this. You are here, not by chance, but to serve at this time your brothers and sisters. Seize then this opportunity, presented to you with love.
Maitreya, Message No. 7

Maitreya's first interview

by the Master —, through Benjamin Creme, 11 January 2009

In the very near future, people everywhere will have the opportunity to witness an extraordinary and significant sign, the like of which has been manifested only once before, at the birth of Jesus. Then, according to Christian teaching, a star appeared in the heavens and led three wise men from the East to the birthplace of Jesus. Soon, once again, a star-like luminary of brilliant power will be seen around the world. What does this mean? How is it possible?

The answer lies in the fact that this mysterious event is a sign, and heralds the beginning of Maitreya's open mission. Soon after the sign appears in our skies, Maitreya will give His first media interview on American television.

Public

On that open, public occasion, still unannounced as Maitreya, the World Teacher will present His views on the economic and financial chaos which now grips the world. He will explain its origins and final outcome, and present, to some extent, His recipe for amelioration of the present heavy burden on the poor of the world. Thus He will prepare the way for a more detailed and specific announcement of His ideas.

How will viewers respond? They will not know His background or status. Will they listen to and consider His words? It is too soon to know exactly but the following may be said: Never before will they have seen or heard Maitreya speak. Nor, while listening, will they have experienced His unique energy, heart to heart. Also, this is a unique time in history with whole nations stunned and apprehensive for the future. Therefore it can be assumed that many who hear His words will be open and eager to hear more. It is not for nothing that Maitreya has waited patiently for this moment to enter the public world; America, for one, would not have responded sooner.

Now, for the first time in many years, a new Administration has to cope with financial chaos, unemployment and social unrest on a massive scale. The moment of truth for America and the world has arrived.

Worldwide

Not alone in America but worldwide, people are awakening to the need for and the possibility of change. The politicians and economists call the present situation a 'downturn' and a 'recession'. In truth, we are witnessing the last stumbling steps of the old order. Millions are becoming aware that unbridled competition and greed are not the safest path for men, that such materialistic doctrines create a 'slippery slope' for the unwary, and, eventually, the international crisis we have today.

Of course, many people of burgeoning wealth stand clear of the present loss of confidence in the ways which have made them rich, and think it only 'a matter of time' until we are back on course and thriving again.

Will they heed Maitreya and recognize the sense of His argument? Lost in their arrogance and self-esteem, possibly not. However, many are less sanguine about a return to the status quo. Many have suffered painful losses and have lost faith in the old methods. The peoples of the nations are ripe and ready for change. They call out for change and a more meaningful life. Maitreya will remind men of the essentials without which there is no future for man: Justice and Peace. And the only way to both is through sharing.

Local contact:

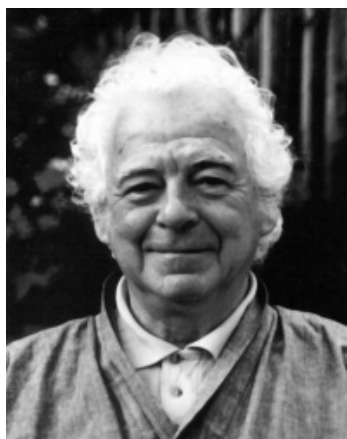


"...Events in the Persian Gulf have at last focused the need for an integrated solution to the problems of that region. No resolution of the present situation is possible without an Arab-Israeli accord, and an end to the bitter enmity which has festered there since the founding of the State of Israel. The Palestinian people must, and will, have their homeland. Nothing less will satisfy the legitimate aspirations of that long-suffering group, and nothing less will bring an end to the recurrent crises which have maintained tension, and thus threatened world peace, for so long...."
Benjamin Creme's Master, from 'The need for action'

Benjamin Creme answers

Q. Is it possible to believe that humanity, in a short span of time, will create world and universal peace? That we will stop producing arms ... can we hope to see this day, shortly?

A. There is certainly a very large decision to be made by humanity when we are faced with it, and there are many reactionary forces in the world resistant to change. War and the production of armaments is a very lucrative business for some people who will resist change to the last. The present world economic collapse (presented as a 'downturn' or 'recession') is in fact the signs of the end of the old order, and is already bringing about a change in attitude among many people, young and old. When these same people hear Maitreya speak of the need to simplify and share resources to attain peace through justice, they will respond willingly to His call. His teaching and advocacy will inspire a huge



Benjamin Creme

response of desire for sharing, justice and thus peace. It is up to ourselves, we have to want peace enough to relinquish the past and work for the one humanity. I am sure we shall do so.

Q. The elections and the prospect of a new era in US politics with Barack Obama as President seems

to have lifted the spirits of Americans and many others around the world. Do you expect a new phase of moderation and negotiation instead of warmongering?

A. Yes. He probably would not immediately withdraw from Iraq or Afghanistan, but as soon as possible, whatever that means; but we can look forward to dealing with a President who does not seem to speak or act from ideological demagoguery, who is empirical and moderate and who has a very sick country to restore to health. He has *this* in his favour – Maitreya and His vision, energy and love. What an example for him to follow!

Q. Many people seem nervous about the economic health of their countries at present but there are still financiers promising that an upturn is just around the corner, that this is just a 'healthy adjustment'.

THE EMERGENCE QUARTERLY

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The Emergence Quarterly is produced by Share International (Amsterdam, London, Los Angeles). It contains excerpts from *Share International* magazine and appears quarterly. *The Emergence Quarterly* is available free to readers in developing nations and in Eastern Europe, and now appears in English, German, Japanese, Spanish, and Dutch. A special background issue of *EQ* is available in these languages as well as in Arabic, Romanian, Hungarian, Italian, Swedish, Russian, Polish, Norwegian, Latvian and Portuguese.

Share International is a registered non-profit foundation, supported by a worldwide network of volunteers.

People don't know how best to proceed – save, spend, invest or carry on as normal. Your comments please?

A. As the Master says so clearly, this is not a temporary 'downturn' or 'healthy adjustment' we are all going through, but the collapse

of the old, unjust order. It is necessary, and inevitable too, the logical outcome of our greed and selfishness. My advice, for what it is worth, is to save and learn to live more simply. This we all will have to do so that others may live at all. ●

LETTERS TO THE EDITOR

The right message

Dear Editor,

A demonstration in aid of the Palestinians in Gaza was held on 24 January 2009 in London. Protestors gathered outside the BBC (British Broadcasting Corporation) who had refused to broadcast an appeal from the Disasters Emergency Committee for Gaza.

I was carrying a banner with a co-worker in a packed crowd of marchers when suddenly I noticed a young child with blond curls, laughing merrily, running and jumping in and out of the demonstrators. The mother, tall, young and fair-skinned, with dreadlocks down to her hips, followed a little later, smiling happily. My spirits lifted and I laughed. They disappeared among the crowd. I looked out for them and saw the young woman holding the child in her arms. She was standing on the broad pavement, balancing a large, pink, heart-shaped banner. It had bold white letters which read: 'LOVE IS ACTION'. On the back was written: 'CHANGE CAN ONLY HAPPEN IF YOU ACT'. The demonstrators swept on, taking me with them. I didn't see them or the banner again.

Would you kindly confirm if they were really Masters? S.P., Ashurst Wood, West Sussex, UK.

(Benjamin Creme's Master confirms the 'young woman' was Maitreya, the 'child' was the Master Jesus.)

Confirmation

Dear Editor, Something strange happened to me on the night of 8 February 2009. I was very sceptical about the information of the star sign and began wondering if it wasn't all just an illusion. I began to think what would happen to the world if Maitreya wasn't here. It would probably mean the destruction of the entire human race and the planet. I was very sad and depressed and went to my

bathroom to take a shower. I turned on the shower and when the steam began to fill the bathroom I noticed that on the bathroom mirror was a handprint. It resembled the 'Hand' of Maitreya. I hadn't touched the mirror before, so I was very shocked, but the sight of the handprint recovered my strength, my hopes and I was filled with joy, calm and hope again.

Was this manifested by Maitreya? T.S.A., São Paulo, Brazil. *(Benjamin Creme's Master confirms that the 'Hand' was manifested by Maitreya.)*

A stitch in time

Dear Editor, About one week before Christmas 2008, I had a long talk with my friend from the Greek Transmission Meditation group on the outstanding news from the Share International website about the Christmas miracle that was going to happen in the very near future.

Although I became enthusiastic at first, my scepticism took over and I convinced myself and my friend for a negative outcome! After some time the other side of the argument popped up in my mind, that Mr Creme has information from an enlightened source, and who am I to argue about the news he is revealing on the internet for everyone to see!

When I went to bed soon after this another extraordinary happening took place! On my bedside table was the clasp from my wrist watch strap which I had long discarded because over the years its glue had evaporated and it had become unusable. But this formerly opened clasp was now a round shape, kept in place by fine threads obviously stitched by hand!

Could you please explain the meaning of this 'minor miracle'? Who stitched the clasp on my watch strap and made it appear

on my bedside table? Was it meant to cure my non-believing side? L.A., Athens, Greece.

(Benjamin Creme's Master confirms that the 'miracle' was manifested by Maitreya. The purpose? To reassure her that the information of the star is true.)

Out of the snow

Dear Editor, Towards the end of a lecture at a New Age Center in Amsterdam on 23 November 2008, a Surinamese woman of about 45 entered the room. She gave the impression of being rather self-confident and declined the invitation to have a seat in the front. "No, I am late and wet," she said. It was snowing outside. She started immediately: "Do you have any books? And did Maitreya predict that Obama would be the elected presidential candidate?" I said: "No, he did not, however there is a considerable chance that Obama will be the last President and that the Presidency will eventually be replaced by a group of wise men (of State). She reacted: "Oh, I thought so! First Obama and then we can implement the changes."

After the lecture she came up to the book table and asked Nancy what kind of meditation she did. Nancy explained about Transmission Meditation. Pointing to the book *Messages from Maitreya the Christ*, she said: "I would like to buy this book, but I don't have any money with me." Nancy noticed that she was wearing a fur-lined raincoat, a red scarf on her head, big golden earrings with red stones; underneath a red cardigan she also wore a white one over a coloured sweater. She saw that I was looking in her eyes and asked me: "Are you well-known from television? I know you, because you have such a familiar face." Later she said: "We really have met before."

Could you please say whether this remarkable woman possibly was a Master? N.G. and M.N., Holland. *(Benjamin Creme's Master confirms that the 'woman' was the Master Jesus.)* ●



"When men learn to share, they will know the meaning of life." (Benjamin Creme's Master, SI Nov 2005)

Looking for "the guy" to fix economic problems

"... in response to the advocacy and inspiration of the Christ, and faced with the threat of economic chaos, many will see the need for a new approach and a new urgency in tackling the pressing problems of our world." (Benjamin Creme's Master, SI September 1995)

'Shaping the post-crisis world' was the theme of this year's World Economic Forum in Davos, Switzerland, attended by more than 2,000 political and business leaders as well as representatives from NGOs, academia and the media. But the focus of much of the conference, according to participants, was the global financial crisis itself, and the desperate search for solutions. One attendee, *New York Times* columnist Thomas Friedman, put it this way: "What has struck me is the quiet urgency that infused so many panel discussions and private conversations here between investors, politicians and social activists. To put it crudely: everyone is looking for the guy – the guy who can tell you exactly what ails the world's financial system, exactly how we get out of this mess and exactly what you should be doing to protect your savings.

But, here's what's really scary: the guy isn't here."

Friedman continued: "What do I mean? First, if it is not apparent to you yet, it will be soon: there is no magic bullet for this economic crisis, no magic bailout package, no magic stimulus. We have woven such a tangled financial mess with sub-prime mortgages wrapped in complex bonds and derivatives, pumped up with leverage, and then globalized to the far corners of the earth that, much as we want to think this will soon be over, that is highly unlikely.

"We are going to have to learn to live with a lot more uncertainty for a lot longer than our generation has ever experienced. We keep pouring money into the dark banking hole of this crisis, desperately hoping that we will hear it hit bottom and start to pile up. But so far, as hard as we listen, we can't hear a thing. And so we keep pouring..."

Another participant at Davos summarized discussions this way: "We don't know what to do, only that we need to do something and we need to do it fast." (Source: *The New York Times*, USA; BBC, UK) ●

The star that heralds Maitreya's emergence

"In the very near future, people everywhere will have the opportunity to witness an extraordinary and significant sign, the like of which has been manifested only once before, at the birth of Jesus. Then, according to Christian teaching, a star appeared in the heavens and led three wise men from the East to the birthplace of Jesus. Soon, once again, a star-like luminary of brilliant power will be seen around the world." (Benjamin Creme's Master, 'Maitreya's first interview', *SI* Jan/Feb 2009)

On 12 December 2008 *Share International* distributed a news release announcing that in the very near future a large, bright star would appear in the sky visible throughout the

world, night and day. Around a week later Maitreya will give His first interview on a major US television programme. Since early January 2009, sightings of the star have been reported from all over the world and more and more reports are being sent to us daily.

Share International has also received many reports which Benjamin Creme's Master has confirmed to be of the planet Venus and not 'the star'. But we are happy to receive these reports even if they turn out to be wrong. It shows us how more and more people around the world are responding to our information.

We publish here a selection of the first photographs received and a list of sightings confirmed by Benjamin Creme's Master to be the star.



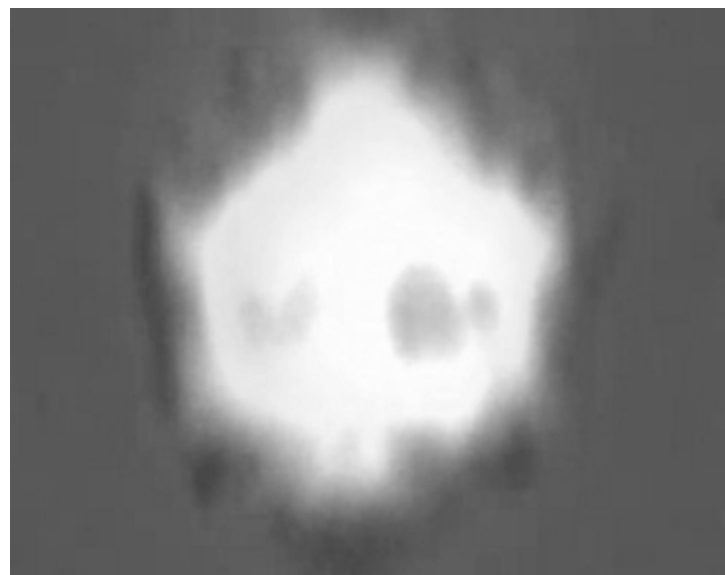
Japan: Taken by Michiyo Shibata on the bank of Kiso river in Inuyama-shi around 11.40am on 8 February 2009. It shows the star below the sun.

Star in South Africa

Dear Editor,
On the evening of Saturday 3 January 2009 we had a bad electrical storm and then the rain came in buckets. We turned off the TV and decided to read in bed. My daughter Pat went upstairs to her room and was looking out of her landing window when things started to happen. She called for me to go up the stairs quickly, which I did, and there I saw the clouds had parted and a large area of jet black sky showing, and getting bigger every second. To the south west of our house there was an enormous star all by itself, no others near, and streams of light rays shooting out from it in all directions. I could hardly believe my eyes. About 10 minutes later, the rolling clouds coming towards us were ablaze with light, as if the sun was shining

again, but no, the first quarter of the new moon appeared to the far right of the heavens from where the star was. Then the moon disappeared as the clouds thickened close to us and going overhead. The star remained and I was obliged to go downstairs again after another 20 minutes as I was feeling very dizzy and did not want to fall. My daughter continued watching this wonderful scene until the clouds covered the heavens again.

All I could think was, is this the sign of Lord Maitreya to greet us for the New Year and His imminent emergence? I hope so. We have waited for him for such a long time.
B.I., Howick, Kwazulu Natal, South Africa.
(Benjamin Creme's Master confirms that this was indeed the star.)



Costa Rica, 3 January 2009

Website blog discussions about the star

Dubai

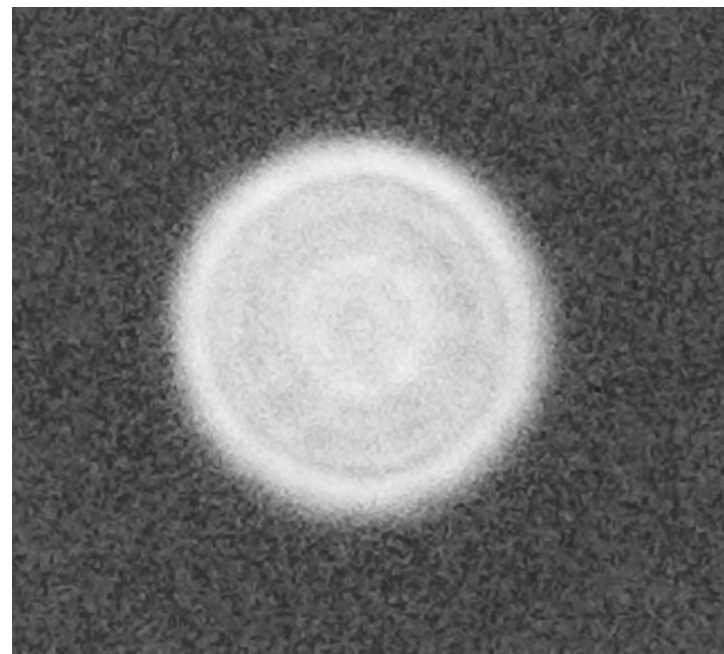
12 January 2009: "Is it a satellite or just bright Venus?"

"Is there an expert out there who can please clarify something! Is it a satellite that is shining so brightly every evening above us or is it Venus as someone is suggesting. There is a big debate going on amongst me and my friends and clarification is needed..."

Anonymous, Dubai. (Source: <http://7days.ae>)

Qatar

27 January 2009: "I hope I'm not the only one who has witnessed the two strange lights over Doha yesterday [26 January]. It was around 9.30 pm when I was standing in front of my house at Matar Kadeem (Old Airport). I looked up randomly and saw a bright flame in the sky. It was appearing to be the size of a tennis ball with very bright flames like light flickering almost about 2 miles high. It was moving at a very slow pace and had it not been for the height at which it was, I would have ignored it as a balloon.

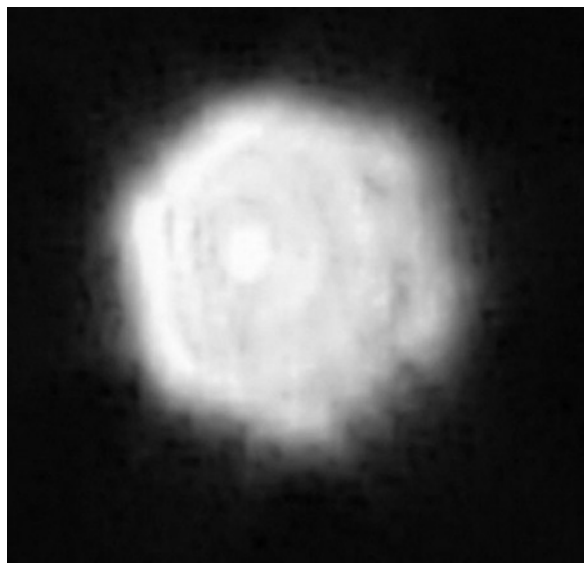


Norway: Taken by Morten Fidjeland in Oslo on 9 February at 6pm.

"All of us were amazed and were joined by a lot of other onlookers. All of us were guessing as to what it could be. The light kept moving from South to North for about 10 mins. It was moving in a straight line and then started wobbling at its place. After about 3-4 more mins, it vanished into the clouds. This was not it. After

about another 5 mins a similar light appeared in the South horizon and followed a similar pattern. Did anyone on Qatar Living notice it? What could it be?"

(Source: Blogger "LifeIsBeautiful", qatarliving.com)



Rodolphe Kappel took this photograph of the star in Brumath, France on 2 January 2009

Other confirmed sightings have been reported from:

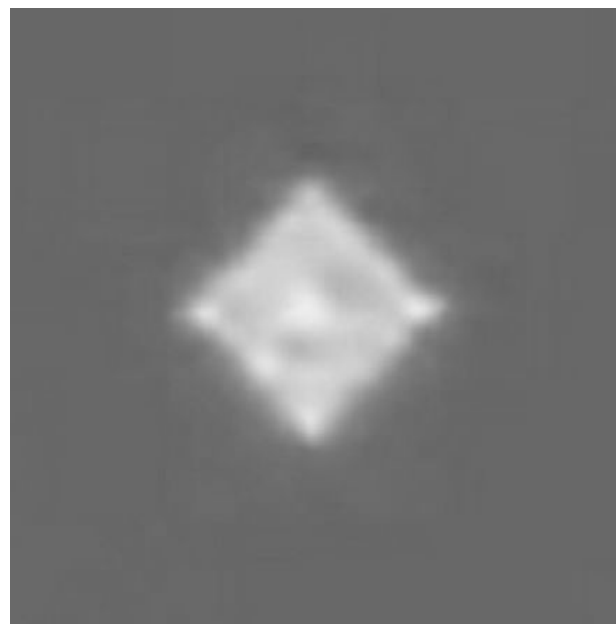
Bruges, France (27.12.08); Zurich, Switzerland (4.01.09); Karachi, Pakistan (11.1.09); Miami, Florida (11.1.09); Leyland, Lancashire, UK (18.1.09); Ath, Belgium (18.1.09); London, UK (22.1.09); Colorado, USA (20.1.09); Ontario, Canada (20.1.09); Manhattan, New York, USA (22.1.09); Rosario, Argentina (30.1.09); Australia (31.1.09); South Korea (31.1.09); Stockton, CA, USA (January 09); Greece (26.1.09); Oslo, Norway (27.01.09); Montras, Spain (28.01.09); Galway, Ireland (1.2.09); Langley, Berkshire, UK (3.2.09); Montreal, Canada (3.2.09); Wyoming, USA (4.02.09); Orlando, USA (07.02.09); Boston, USA (8.02.09); Berne, Switzerland (13.02.09).

To see these remarkable photos in colour, visit our website:

www.Share-International.org

Norway

Bronnøysunds Avis newspaper, in northern Norway, published an article asking: "What is it that lights up the sky above the church?" It reported that on the evening of Sunday 18 January several people witnessed a ball-shaped object above a church called Sømna. A report and photograph of the same sighting was also featured in Norwegian newspaper *Harstad Tidende* and also in an article entitled 'Venus causes a stir' in the *Bergens Tidende* newspaper on 30 January 2009. The scientist who was interviewed said it was Venus, but Benjamin Creme's Master confirms that it is the star.



Pasadena, California, USA, 8 January 2009

THE EMERGENCE — IN BRIEF

All the great religions posit the idea of a further revelation to be given by a future Teacher. Christians hope for the return of the Christ, the Buddhists look for the coming of another Buddha (the Lord Maitreya), while Muslims await the Imam Mahdi, the Hindus a reincarnation of Krishna, and the Jews the Messiah.

Students of the esoteric tradition know all these as different names for the same individual — the Lord Maitreya, the World Teacher, the head of the Spiritual Hierarchy of Masters, and they look for His imminent return now.

In the esoteric tradition, the word 'Christ' is not the name of an individual, but of an office or function within the Hierarchy of Masters. The present holder of that office, Maitreya, the Master of all the Masters, has been the Christ for the past 2,600 years.

In July 1977, Maitreya emerged from His centre in the Himalayas, when least expected, "like a thief in the night". Since then, He has lived in London as an ordinary man concerned with modern problems — political, economic and social. Since March 1978, He has been emerging as a spokesman in the Pakistani-Indian community. He is not a religious leader, but an educator in the broadest sense — pointing the way out of the present world crisis. According to esoteric teaching, Maitreya manifested Himself 2,000 years ago in

Palestine by overshadowing His disciple Jesus — now the Master Jesus.

Maitreya's spiritual teaching: Maitreya intends to teach humanity "the art of Self-realization". The first steps are "honesty of mind, sincerity of spirit and detachment."

Maitreya's social concern is reflected in His list of priorities: an adequate supply of the right food, adequate housing and shelter for all, healthcare and education as a universal right. His social message can be summarized in a few words: "Share and save the world."

The preparations for His public emergence have now been completed. Since late 1991, Maitreya is carrying out a series of appearances. On 11 June 1988, He appeared miraculously, "out of the blue", at a prayer/healing meeting in Nairobi, Kenya. He was photographed addressing thousands of people who instantly recognized Him as the Christ. Similar events have now been witnessed by large numbers in different countries. In this way, more and more people receive proof of His presence and, hopefully, in due course will demand media response. Maitreya expects this approach to lead to the Day of Declaration, when He will mentally 'overshadow' all of humanity simultaneously. Each of us will hear His words inwardly, telepathically, in our own language, and all will know that the World Teacher is now among us. •



Maitreya, as He appeared before thousands outside Nairobi in June 1988. He appears in various forms to different groups and individuals — but always in a form that inspires recognition.

A message of hope for mankind

Benjamin Creme, one of the principal sources of information about the work of the World Teacher, was born in Scotland in 1922. An artist by profession, he lives with his wife and family in London, England. Since his early youth, he has been interested in esoteric philosophy. In 1959, he received his first telepathic message from his Master, a member of the spiritual Hierarchy, an event which came as a complete surprise to him.

Not long afterwards, he was informed that Maitreya would return within 20 years and that he would be given the opportunity

to play an active role in this event if he chose to do so.

In 1972, under his Master's direction, he began a period of arduous and intensive training as a result of which his telepathic contact with his Master became, and remains, continuous and immediate. This relationship has given him access to constant up-to-date information on the progress of the emergence and the total conviction necessary to present that information to a sceptical world.

His lecture tours now include Western and Eastern Europe, Japan, Australia, New Zealand,

Canada, Mexico and the US.

Creme's books have been translated and published in numerous languages throughout the world by groups responding to his message. He is also co-editor of *Share International*, a monthly magazine circulating in 70 countries, extracts from which make up this newspaper, *The Emergence Quarterly*.

Creme receives no remuneration for this work and makes no claims about his own spiritual status. My task, Creme says, has been to make the initial approach to the public, to help create a climate of hope and expectancy into which Maitreya can emerge without infringing our freewill. •

Transmission Meditation

Meditation is, depending on the type of meditation, a more or less scientific means of contacting the soul, and of eventually becoming at-one with the soul. That is the basic purpose of meditation of any kind.

Transmission Meditation is a way of serving the world. Unlike many other forms of meditation, it attracts to it only those people who have a desire to serve.

The Masters have at Their disposal tremendous spiritual energies. A major part of the Masters' work is to distribute these energies in the world to produce the effects, the fulfilment of the Plan of Evolution which They know to be envisaged for this planet. Transmission Meditation groups act as 'sub-stations'. There are several hundred Transmission groups

world-wide and they meet regularly at a particular time and day. This can be once, twice or three times a week.

The group meets and sounds together, aloud, the Great Invocation, which has been given to humanity for this purpose. This Invocation was released to the world in 1945 by Maitreya to give us a technique for invoking the energies which would transform the world and prepare for His coming. By the sounding of this great mantram with the attention focused on the ajna centre (between the eyebrows), a conduit is formed between the group and the Hierarchy of Masters. Through that conduit the Masters send Their energies.

In Transmission Meditation, your chakras (energy centres) are stimulated in a way that would be

altogether impossible otherwise. This work leads to very profound changes in the individual. Most people, within six months or a year, realize the changes in themselves, recognize that they are becoming a different, a better person. They may find that they have more discipline, more determination, more consistency in their approach to

How you can help

Many who hear about Maitreya's presence in the world ask "How can I help Him?" The most important thing is to share this information about His return with as many people as possible. Perhaps the simplest way to do this is by distributing copies of this newspaper.

work. A large number of people receive healing, spontaneously, during the Transmissions.

Transmission Meditation is a safe, scientific, non-denominational activity. It will not interfere with any other religious or spiritual practice. While many people who believe in the Christ's reappearance participate in Transmission Meditation, such belief is by no means necessary to serve in this way.

To form a Transmission Meditation group, all you need is the intention and the desire to serve. As few as three people can transmit energy very effectively. You can start simply by inviting a few friends of like interest to meet with you regularly. *Regularity* is important. The group should choose a day(s) and a time and stick to it. This enables Hierarchy

to know that a group can be depended upon to be available at a set time, and the group energy can be integrated into the overall work. The technique involved is very simple and is applicable to anyone above the age of 12. Begin by speaking aloud together The Great Invocation. The Invocation should be said *before* the transmission to help align the group with Hierarchy and call forth the energy.

No special expertise in meditation is required in order to transmit energy. All that is needed is alignment between the physical brain and the Soul, or Higher Self. This is achieved by focusing the attention on the ajna centre, the point between the eyebrows, and simultaneously sounding, or thinking, the mantram 'OM' silently, inwardly. During the transmission, endeavor to hold the focus there. If the attention wanders, gently sound the OM inwardly, or mentally, and re-focus on that centre. Do not meditate on

The Great Invocation

*From the point of Light within the Mind of God
Let light stream forth into the minds of men.
Let Light descend on Earth.*

*From the point of Love within the Heart of God
Let love stream forth into the hearts of men.
May Christ return to Earth.*

*From the centre where the Will of God is known
Let purpose guide the little wills of men —
The purpose which the Masters know and serve.*

*From the centre which we call the race of men
Let the Plan of Love and Light work out
And may it seal the door where evil dwells.*

*Let Light and Love and Power
restore the Plan on Earth.*

the OM, just use it to bring your attention back. It is not the purpose of transmission groups to 'ground' energy; therefore, the OM is sounded silently to send the energies out on the *mental* plane.

In the beginning you may wish to establish a specific length of time for the transmission, for example, one hour. But once the group is established, it is recommended that the transmission continue until the energy flow ceases. In this latter case, members should feel free to leave whenever they wish.

Group members should not direct the energies to any person, group or country whom they think could benefit. It is enough that we act as positive, poised mental channels, through which the energies can be sent in a highly scientific manner. •

Info on the Internet

For more information about Maitreya and Transmission Meditation, visit these Internet locations:
www.share-international.org
www.TransmissionMeditation.org

For more information, please send in this coupon (or a copy thereof):

For: North America, Australia, New Zealand and the Philippines
To: Share International, PO Box 971, North Hollywood, CA 91603, USA

For: The UK
To: Share International, PO Box 3677, London NW5 1RU, UK

For: The rest of the world
To: Share International, PO Box 41877, 1009 DB Amsterdam, Holland

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